Reaching Out
To Illinois Lawyers
On Their Path To Wellness

Assessment | Counseling | Education | Support Groups | Peer Support | Intervention | Health & Well Being

Helping You.
Lawyers can come to LAP for personal support or to seek out help for a colleague with complete assurance of confidentiality. LAP’s free and confidential services include consultations, assessments, individual and group therapy, referrals, interventions, and other needed services.

Helping Others.
Lawyers are professional problem solvers, but they are also uniquely vulnerable to a number of stressors that can threaten their health, personal lives, and, most especially, their livelihoods. LAP works with lawyers to enhance worklife satisfaction and to prevent stressors from jeopardizing a lawyer’s life and practice.

LAP is not affiliated with the ARDC and may not disclose any information unless the lawyer signs a release requesting LAP to do so.

Confidentiality is guaranteed by Supreme Court Rule 1.6(d), which guarantees that all information received by LAP is protected by the attorney-client privilege.

No Cost. No Fee.

REAL PROBLEMS. REAL HELP. REAL EXPERTS.™