

Reaching Out To Illinois Law Students On Their Path To Wellness

Assessment | Counseling | Education | Support Groups | Peer Support | Intervention | Health & Well Being

No Cost. No Fee.

REAL PROBLEMS. REAL HELP. **REAL EXPERTS.™**



IllinoisLAP.org | gethelp@illinoislap.org

Helping Others.

LAP helps law students with stress management skills, tips on good study habits, mentorship, group support, and making connections to valuable resources within their community. We strive to educate law students on how to achieve success in their personal, academic, and professional settings. In addition to seeking out tips on wellbeing, many law students come to LAP with questions about Character and Fitness.

LAP is committed to partnering with all law students on the path to emotional health, recovery, and future success.

Helping You.

Law students can come to LAP for personal support or to seek out help for a classmate with complete assurance of confidentiality. LAP's free and confidential services include consultations, assessments, individual and group therapy, referrals, interventions, and other services.

Confidentiality is guaranteed by Supreme Court Rule 1.6(d), which guarantees that all information received by LAP is protected by the attorney-client privilege.

LAP is not affiliated with the ARDC and may not disclose any information unless the student signs a release requesting LAP to do so.

Our Mission:

To help lawyers, judges, and law students get assistance.

To protect clients from impaired lawyers and judges.

To educate the legal community.

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Statewide Offices | 312.726.6607 | 800.LAP.1233 | www.IllinoisLAP.org | gethelp@illinoislap.org