

Reaching Out To Illinois Law Students On Their Path To Wellness

Assessment | Counseling | Education | Support Groups | Peer Support | Intervention | Health & Well Being

Helping You.

Law students can come to LAP for personal support or to seek out help for a classmate with complete assurance of confidentiality. LAP's free and confidential services include consultations, assessments, individual and group therapy, referrals, interventions, and other services.

Helping Others.

LAP helps law students with stress management skills, tips on good study habits, mentorship, group support, and making connections to valuable resources within their community. We strive to educate law students on how to achieve success in their personal, academic, and professional settings. In addition to seeking out tips on wellbeing, many law students come to LAP with questions about Character and Fitness.

LAP is not affiliated with the ARDC and may not disclose any information unless the lawyer signs a release requesting LAP to do so.

Confidentiality is guaranteed by Supreme Court Rule 1.6(d), which guarantees that all information received by LAP is protected by the attorney-client privilege.

No Cost. No Fee.



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Statewide Offices

REAL PROBLEMS. REAL HELP. REAL EXPERTS.™