

# Reaching Out To Illinois Judges On Their Path To Wellness

Assessment | Counseling | Education | Support Groups | Peer Support | Intervention | Health & Well Being

## Helping You.

Judges can come to LAP for personal support or to seek out help for a colleague with complete assurance of confidentiality. LAP's free and confidential services include consultations, assessments, individual and group therapy, referrals, and interventions.

## Helping Others.

Judges are professional problem solvers, but they are also uniquely vulnerable to a number of stressors that can threaten their health, personal lives, and, most especially, their livelihoods. LAP works with judges to enhance worklife satisfaction and to prevent stressors from jeopardizing a judges' life and practice.

**LAP is not affiliated with the ARDC and may not disclose any information unless the lawyer signs a release requesting LAP to do so.**

Confidentiality is guaranteed by Supreme Court Rule 1.6(d), which guarantees that all information received by LAP is protected by the attorney-client privilege.

**No Cost. No Fee.**



**312.726.6607**

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**[www.IllinoisLAP.org](http://www.IllinoisLAP.org)**

**Statewide Offices**

**REAL PROBLEMS. REAL HELP. REAL EXPERTS.™**