



Dr. Diana Uchiyama Re-Appointed as Co-Chair to ABA Section of Litigation Mental Health & Wellness Task Force and Appointed to the ABA Section of Litigation Practice Renewal & Reintegration Task Force



The Illinois Lawyers' Assistance Program (LAP) is pleased to announce Executive Director, Dr. Diana Uchiyama, JD, PsyD, CAADC, has been re-appointed as Co-Chair of the American Bar Association (ABA) Section of Litigation Mental Health and Wellness Task Force, and appointed to the ABA Section of Litigation Practice Renewal & Reintegration Task Force for the 2021-22 bar year.

The Section of Litigation provides litigators of all practice areas the resources needed to become successful and experienced advocates. This leadership appointment is a clear recognition of Dr. Diana Uchiyama's competence and experience, commitment to the ABA and reputation among members.

The Section's Mental Health & Wellness Task Force mission is important now more than ever as litigators move past COVID19 struggles. Identifying and putting into action the tools to adapt to a new normal is vital to the future of litigation.

The Practice Renewal & Reintegration Task Force is essential as we move forward despite pandemic challenges. The Task Force will address important issues such as: insurance and regulatory issues associated with remote and hybrid work, confidentiality issues with hybrid work and establishing best practices, need for continued access to virtual courts and additional resources, the big picture of retaining our profession and capacity to connect, mental health issues related to this trauma inducing period, issues for women in the workplace.

"There are a myriad of issues associated with returning to work following the pandemic. The Practice Renewal & Reintegration Task Force will bring together members from TIPS and other sections, in varying practice areas with varying ages to discuss these challenges and help us better understand and shape what the workplace and the practice of law will look like in the future."

Dr. Diana Uchiyama, JD, PsyD, CAADC, LAP Executive Director

Dr. Diana Uchiyama has served as the Executive Director of the Illinois Lawyers' Assistance Program since 2019. As Executive Director at Illinois LAP, Dr. Diana oversees the organization, develops and presents clinical information throughout the legal community. Dr. Diana's competence, experience and commitment to the legal community is essential for it's continued success.

Prior to joining LAP, Dr. Diana Uchiyama served as an Administrator at DuPage County Psychological Services, Clinical Supervisor/Training Director at INSPiRE Neuropsychotherapy Clinic, Director of Training/Staff Psychologist at the Kane County Diagnostic Center, Clinical Psychologist and Mental Health Team Leader at the Issac Ray Foresenic Group, Juvenile Drug Court Coordinator/Staff Psychologist for Kane County, and Assistant Cook County Public Defender for 12 years.

Dr. Diana Uchiyama received her JD from Pepperdine University School of Law, her MS in Clinical Psychology from Benedictine University, and her PsyD in Clinical Psychology from Midwestern University. She has a Licensed Certified Advanced Alcohol and Drug Counselor (CAADC) certification, Advanced Mindfulness Certification from PESI and is a Trauma Informed Care Trainer under SAMSHA.

LAP's mission is to help, protect, and educate our legal community about addiction, mental health and wellness. If you or someone you know needs support with mental health or wellbeing, do not hesitate to contact LAP. Our services are 100% confidential with immunity.

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