



For Immediate Release

## Dr. Diana Uchiyama appointed to ABA Section of Litigation Mental Health & Wellness Task Force and receives Presidential appointment to the ABA Commission on Lawyer Assistance Programs



The Illinois Lawyers' Assistance Program is pleased to announce Executive Director Dr. Diana Uchiyama, JD, PsyD, has been appointed as a Co-Chair to the American Bar Association's Section of Litigation Mental Health & Wellness Task Force, and received a Presidential appointment as a member of the ABA Commission on Lawyer Assistance Programs. Dr. Uchiyama's 2020-2021 term for both appointments will commence with the ABA 2020 Virtual Meeting in July.

The Section of Litigation provides litigators of all practice areas the resources needed to become successful and experienced advocates. The Section's Mental Health & Wellness Task Force's work is now more than ever important as Litigators move past COVID19 struggles it is essential to Have the Tools

to Adapt to a New Normal.

The Commission on Lawyer Assistance Program's (CoLAP) mission is devoted to the advancement of well-being in the legal profession and to assure that every judge, lawyer and law student has access to support and assistance when confronting alcoholism, substance use disorders or mental health issues so that lawyers are able to recover, families are preserved and clients and other members of the public are protected. This mission is carried out by the work of Lawyers' Assistance Programs (LAPs) as they provide hands-on services and support to those in need of their assistance.

*"The Illinois Lawyers' Assistance Program (LAP) congratulates our Executive Director, Dr. Diana Uchiyama on her two recent ABA Presidential appointments: to the Commission on Lawyers' Assistance Program, and to the ABA Litigation Section's Well-being Task Force. LAP is proud and delighted to be able to share Dr. Uchiyama's considerable talents and expertise in mental health on a national scale with the ABA. The ABA's Commission and the Litigation Sections will both benefit greatly from Dr. Uchiyama's involvement." Tony Pacione, LAP Deputy Director*

Uchiyama has served as the Executive Director of the Illinois Lawyers' Assistance Program since 2019, rising from Clinical Case Manager to Assistant Deputy Director in 2018. As Executive Director at Illinois LAP, Dr. Uchiyama oversees the organization, develops and presents clinical information for our legal community.

Prior to joining the Illinois LAP, Dr. Uchiyama served as an Administrator at DuPage County Psychological Services, Clinical Supervisor/Training Director at INSPIRE Neuropsychotherapy Clinic, Director of Training/Staff Psychologist at the Kane County Diagnostic Center, Clinical Psychologist and Mental Health Team Leader at the Issac Ray Foresenic Group, Juvenile Drug Court Coordinator/Staff Psychologist for Kane County, and Assistant Cook County Public Defender for 12 years.

Dr. Uchiyama received her J.D. from Pepperdine University School of Law, her M.S. in Clinical Psychology from Benedictine University, and her PsyD in Clinical Psychology from Midwestern University. She has a Licensed Certified Advanced Alcohol and Drug Counselor (CAADC) certification, Advanced Mindfulness Certification from PESI and is a Trauma Informed Care Trainer under SAMSHA.

LAP's mission is to help, protect, and educate our legal community about addiction, mental health and wellness. If you or someone you know needs support with mental health or wellbeing, do not hesitate to contact LAP. Our services are cost-free, 100% confidential.

[gethelp@illinoislap.org](mailto:gethelp@illinoislap.org), 312-726-6607

**Real Problems. Real Help. Real Experts.**

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